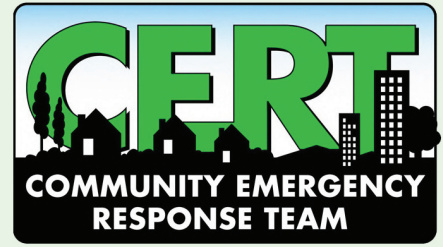




Do You Know What To Do In An Emergency?



WHY TAKE THE CERT TRAINING?

Well, it's like paying for car insurance. You might never need it, in fact you hope you won't. But if the occasion arises, having the CERT training, just like having car insurance, means you're as ready as you can be to help yourself, your family and your neighborhood in an emergency situation.

Class members receive 17 1/2 hours (one day a week for seven weeks) of initial training. CERT is provided free of charge within the city of Los Angeles to anyone 18 or over.

Classes are taught year-round, Monday-Friday, morning, afternoon, or evening. We will come to your location. Classes can be held anywhere in the City of Los Angeles. CERT members are trained in basic disaster response skills such as fire safety, light search and rescue, team organization and disaster medical operations. You will learn how to prepare for emergencies, what supplies you should NOW have in your house, how much food, how much water but most importantly, how to protect your family in an emergency!

It is important to know, if a major disaster occurs, the LAFD, paramedics, police... WILL NOT COME! They will be deployed FIRST to major incidents such as collapsed buildings. That is why you constantly hear... You MUST be prepared to take care of yourself. In the CERT course they say...

***"The Greatest Good for the
Greatest Number of People"***

When you are trained, you are far more equipped to deal with your circumstances without needing aid from outside sources.

Take CERT training for:
Yourself
Your family
Your workplace
Your neighborhood
CERT Classes Are FREE!

CERT Course Class Topics

- Personal & Family Preparedness
- Earthquake Preparation
- Disaster Preparedness
- Team Organization
- Disaster Psychology
- Medical Operations
- Medical Triage
- Damage Assessment
- Fire Suppression
- Fire Chemistry
- Hazardous Materials
- Utility Control
- Light Search & Rescue
- Full Disaster Simulation



This was a CERT call-out to assist during the Station Fire. CERT members were a great help at such an awful time by directing traffic, giving directions & patrolling the Fire Fighting Staging Area at Hansen Dam. This freed up emergency personnel for more critical tasks.

Free Emergency Preparedness Booklet

"Download the Emergency Preparedness Booklet by the Los Angeles Fire Department."

cert-la.com/emergprepbooklet.pdf

This is well worth your time and has critical information for you and your family's survival in an emergency.



CERT Training-Refresher

If a major earthquake hits, do you ...

- have enough supplies for a minimum of 72 hours up to an entire month for all family members, including pets?
- know how to turn off the gas?
- know how to safely turn off the power?
- know how to apply first aid?
- have enough water for all of your family and your pets?
- have provisions for living outside your home for a length of time if the structure is compromised?

CERT classes are given by the Los Angeles Fire Dept.
Please sign-up for the classes at:

cert-la.com/classmaps

We invite you to browse the ***cert-la.com*** website where you will find valuable and instructive information.



COMMUNITY EMERGENCY RESPONSE TEAM PROGRAM

Los Angeles Fire Department – Disaster Preparedness Section

201 N. Figueroa Street, Suite 1225

Los Angeles, California 90012

Phone: (213) 202-3136

Email: lafdcert@lacity.org Web Page: www.cert-la.com



LEVEL 1 SYLLABUS

PROGRAM OVERVIEW

CLASS 1 - INTRODUCTION, EARTHQUAKE AWARENESS

Registration
Introduction
Earthquake Threat in Southern California
Personal & Family Preparation
Nonstructural Hazard Mitigation



CLASS 2 - DISASTER FIRE SUPPRESSION TECHNIQUES

Fire Chemistry
Fire Extinguisher Use
Utility Control
Creative Firefighting Techniques
Hazardous Materials / Placarding



CLASS 3 - DISASTER MEDICAL OPERATIONS (SESSION 1)

Recognizing Life-Threatening Emergencies
Treating Life-Threatening Emergencies
Triage



CLASS 4 - DISASTER MEDICAL OPERATIONS (SESSION 2) AND MULTI-CASUALTY INCIDENT

Head-to-Toe Evaluation
Treating Non-Life-Threatening Emergencies
Treatment Area Management



CLASS 5 - LIGHT SEARCH & RESCUE OPERATIONS

Evacuation
Search Techniques
Rescue Methods / Cribbing



CLASS 6 –TEAM ORGANIZATION & DISASTER PSYCHOLOGY

Developing a Response Team
Incident Command System “ICS”
Psychological “Size-Up”



CLASS 7 – TERRORISM & HOMELAND DEFENSE

History of Terrorism
Do's and Don'ts During a Terrorist Act
Homeland Defense Tips



The Los Angeles Fire Department's CERT Program (free of charge) was developed because of the need for a well-trained civilian emergency work force. The CERT Program provides for community self-sufficiency through the development of multifunctional response teams who act as an adjunct to the city's emergency services during major disasters. When emergencies happen, CERT members can give critical support to first responders, and provide immediate assistance to victims. CERT members can also assist with non-emergency projects that help improve the safety of the community. Through this unique program, people from community organizations, business and industry, and city employee groups will become CERT members. They work as team members and perform as individual leaders by directing untrained volunteers in the initial phase of an emergency.

To become a CERT graduate, you must complete the 17-1/2 hour course (Level 1). Level 1 training is taught by professional experienced firefighters and paramedics. The course is followed by continuing education programs, including biannual refreshers.

We encourage our Level 1 graduates to enhance their education. Following the completion of Level 1, the CERT Program also offers Level 2 and Level 3 sequential training through the American Red Cross (ARC). CERT Level 2 includes 12 additional training hours in: “Disaster Services: An Overview”, “First Aid and CPR/AED”, and “Shelter Operations & Shelter Simulation”. Currently, Level 2 classes are free (except first aid and CPR/AED). Check your local ARC's or CERT's website for available classes and dates.

After you have completed Levels 1 & 2 training, Level 3 is a 50 plus-hour “Emergency Medical Response” course. A Level 3 CERT member will have completed nearly 80 total hours of training and be capable of effectively assisting the needs within the community. Contact the ARC for dates and cost for this course.

Currently, CERT teams are regionally located within the city according to the Fire Department battalion they live in or work in. Opportunities are available to join and train with a team and potentially become a CERT Battalion Coordinator. Currently, Battalion Coordinators have completed at least Levels 1 & 2 training. These Battalion Coordinators work closely with CERT team members and the Fire Department to develop a capable “response-ready” team.

If you are a licensed amateur radio operator (Ham) who desires to serve the Department and the community, the ham radio will back up the Department's 800-MHz radio system and provide radio support to CERT members, their families, and their Battalion Coordinators. Contact Battalion Chief Kevin Nida, the Los Angeles Fire Department's City Radio Officer at (213) 978-3536 or e-mail him at kevin.nida@lacity.org.